

We are always looking for parent volunteers and coaches. Jobs are endless. From coaching to being a “mat-mom” to bookkeeping, YC Mat Club is always looking for volunteers. However, there are some paperwork things for liability that are required to complete prior volunteering. Please complete the following items before to help volunteer.



Volunteer Coach Checklist

High School:

- District Background Check (Use QR Code to upper right)
 - SafeSchools Sexual Misconduct Computer Based Training
- Oregon High School Coaches Certification (One time Certification for life \$50 - Done Through NFHS Trainings)
- NFHS Trainings (QR Code to left)
 - Appearance and PEDs(every 2 years)
 - Heat Illness Prevention (every 2 years)
 - Concussion (every year)
 - Bullying, Hazing and Inappropriate Behaviors (every 2 years)
 - Sportsmanship



Volunteer Mat Club and Middle School:

- District Background Check (Use QR Code upper right corner)
- USA Wrestling Card (Coaches fee - Use QR code at bottom center)
 - SafeSport Sexual Assault Awareness (every two years)
 - SafeSport Concussion (every year)

Mat Mom and other volunteer opportunities:

- District Background Check (Use QR Code upper right corner of page)
 - SafeSchools Sexual Misconduct Computer Based Training



